

# 2020 VIC AGE LONG COURSE CHAMPIONSHIPS

17 – 21 DECEMBER 2019



## QUALIFYING TIMES

Age at: 17 December 2019

Qualifying Period: Times must have been achieved between 07 December 2018 & 02 December 2019

Male	18yrs	17yrs	16yrs	15yrs	14yrs	13yrs	12yrs
<b>FREESTYLE</b>							
50M	0:26.56	0:26.56	0:26.99	0:27.43	0:28.08	0:28.95	0:31.13
100M	0:57.49	0:57.49	0:58.46	0:59.90	1:01.84	1:04.25	1:09.08
200M	2:06.47	2:06.47	2:08.60	2:10.72	2:13.91	2:18.16	2:28.79
400M	4:26.85	4:26.85	4:31.37	4:35.89	4:42.68	4:51.72	5:14.33
800M	9:15.74	9:15.74	9:25.16	9:34.58	9:48.71	10:07.55	10:54.65
1500M	17:41.20	17:41.20	17:59.18	18:17.17	18:44.15	19:20.12	20:50.05
<b>BACKSTROKE</b>							
100M	1:06.12	1:06.12	1:07.20	1:08.81	1:10.96	1:13.65	1:19.03
200M	2:22.82	2:22.82	2:25.14	2:27.46	2:30.94	2:35.59	2:47.20
<b>BREASTSTROKE</b>							
100M	1:14.05	1:14.05	1:15.23	1:17.01	1:19.38	1:22.34	1:28.27
200M	2:41.00	2:41.00	2:43.58	2:46.15	2:50.02	2:55.17	3:08.05
<b>BUTTERFLY</b>							
100M	1:04.14	1:04.14	1:05.16	1:06.70	1:08.76	1:11.32	1:16.45
200M	2:24.47	2:24.47	2:26.79	2:29.10	2:32.57	2:37.19	2:48.75
<b>INDIVIDUAL MEDLEY</b>							
200M	2:23.73	2:23.73	2:26.08	2:28.44	2:31.97	2:36.69	2:48.47
400M	5:04.27	5:04.27	5:09.38	5:14.50	5:22.17	5:32.40	5:57.97

RELAYS	12-18 Years	12-15 Years	12-13 Years
4x100m Freestyle	3:54.20		
4x100m Medley	4:21.50		
4x50m Freestyle	1:52.10	1:55.10	2:18.00
4x50m Medley	2:05.20	2:07.20	2:26.00

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Female	18yrs	17yrs	16yrs	15yrs	14yrs	13yrs	12yrs
FREESTYLE							
50M	0:29.60	0:29.60	0:29.80	0:30.10	0:30.30	0:30.70	0:32.50
100M	1:03.31	1:03.31	1:04.37	1:05.44	1:06.50	1:07.56	1:10.22
200M	2:18.44	2:18.44	2:20.77	2:23.10	2:25.43	2:27.75	2:33.57
400M	4:45.92	4:45.92	4:50.85	4:55.78	5:00.71	5:05.64	5:10.56
800M	9:52.37	9:52.37	10:02.58	10:12.79	10:23.01	10:33.22	10:43.43
1500M	18:57.94	18:57.94	19:17.56	19:37.18	19:56.80	20:16.42	20:36.03
BACKSTROKE							
100M	1:14.18	1:14.18	1:14.77	1:15.37	1:15.97	1:16.57	1:19.56
200M	2:38.27	2:38.27	2:39.55	2:40.83	2:42.10	2:43.38	2:49.76
BREASTSTROKE							
100M	1:23.51	1:23.51	1:24.18	1:24.85	1:25.52	1:26.18	1:29.53
200M	2:59.76	2:59.76	3:01.20	3:02.64	3:04.08	3:05.51	3:12.71
BUTTERFLY							
100M	1:11.47	1:11.47	1:12.05	1:12.63	1:13.20	1:13.78	1:16.66
200M	2:38.50	2:38.50	2:39.77	2:41.05	2:42.33	2:43.61	2:50.00
INDIVIDUAL MEDLEY							
200M	2:37.84	2:37.84	2:39.15	2:40.45	2:41.76	2:43.06	2:49.59
400M	5:29.80	5:29.80	5:32.57	5:35.34	5:38.11	5:40.88	5:54.74

RELAYS	12-18 Years	12-15 Years	12-13 Years
4x100m Freestyle	4:22.50		
4x100m Medley	4:48.80		
4x50m Freestyle	2:02.30	2:02.80	2:18.00
4x50m Medley	2:15.50	2:16.50	2:33.40